

THE FILLING STATION

At New-Bridge Integrated College

Healthy Eating School

Opening Hours (Mon-Fri)

Breakfast

8:15am – 8:50am

Early Break

10:10am – 10:30am

Late Break

11:00am – 11:20am

Early Lunch

12:10pm – 12:55pm

Late Lunch

12:55pm – 1:40pm



BREAKFAST

Cereal Portions (Inc milk)	90p
Scones (with butter)	80p
Toast	50p
Pancake	80p
Crackers	40p
Cheese	60p
Cereal Bars	£1.00
Tea/Coffee	£1.00
Hot Chocolate	£1.00

BREAK

Croissant	70p
Pizza Round	60p
Sausage Roll	£1.00
Scones (with butter)	80p
Yoghurt	80p
Fresh Fruit	80p
Fruity Pots	£1.00
Bagel	80p

SANDWICH BAR

Soup & Roll	£2.00
Tortilla Wraps	£2.80
Filled Baguettes	£2.00

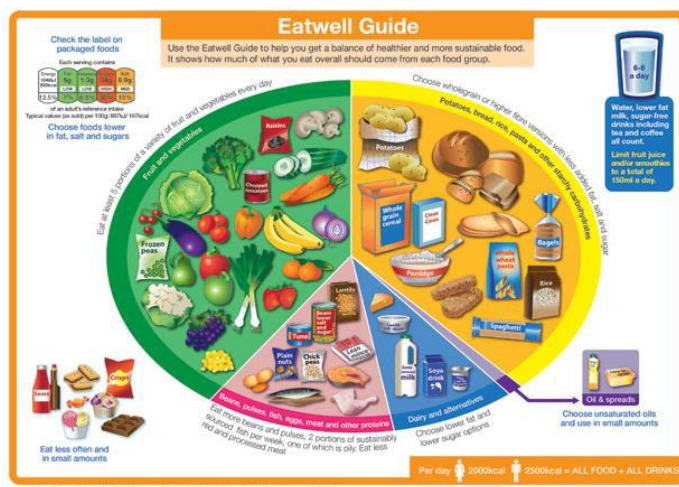
LUNCH (Choice of 2 available each day)

Bowl of Stew	£2.40
Steak Burger	£2.00
Sweet & Sour Chicken & Rice	£2.80
Peppered Beef/Chicken & Rice	£2.80
Chicken Curry & Rice	£2.80
Cottage Pie, Creamed Potato & Vegetable	£2.80
Roast Breast Chicken, Vegetable & Potato	£2.80
Chicken Crumble, Vegetable & Potato	£2.80
Chicken Crumble with Gravy	£2.80
Lasagne, Potatoes, Vegetable	£2.80
Chicken Fillet Burger	£2.80
Pasta Bolognese	£2.80
Vegetarian Dishes	£2.00
Savoury Rice	£1.60
Chicken Tenders x3	£1.50
Chicken Curry & Chips	£2.80
Hot Chicken Wrap	£2.80
Plain Chicken Fillet	£2.00
Fish Fillet	£2.00

All prices are subject to change.

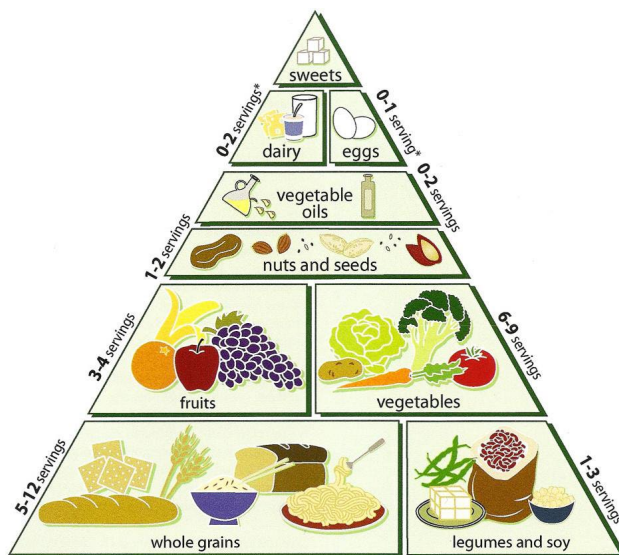
EXTRAS

Garlic Bread	40p
Nann Bread	40p
Side Salad	£1.00
Hot Dog	£1.40
Coleslaw	60p
Beans	60p
Chips	£2.00
Creamed Potato (2 scoops)	70p
Roast Potato x2	90p
Baked Potato	£1.20
Baked Potato with Salad	£1.80
Cheese	60p
Assorted Vegetables	70p
Gravy & Curry Sauce	60p
Vinegar/Sauce portions	10p



DRINKS

Still Water 330ml	70p
Still Water 500ml	£1.00
Milk Cartons (1pt)	90p



* A reliable source of vitamin B12 should be included if no dairy or eggs are consumed.

Other Lifestyle Recommendations: Daily Exercise, Water—eight, 8 oz. glasses per day, Sunlight—10 minutes a day to activate vitamin D

- **Food provisions for Special Diets**
- **Allergies Information and Advice**
- **Cash accepted in the canteen**
- **Pupils are encouraged to clear up after their meal, with trolleys, trays and bins provided**
- **Pupils are encouraged to dispose of their containers responsibly. Bins are provided throughout the school grounds.**
- **Pupils are expected to respect each other in the canteen and wait in line quietly.**
- **All food purchased must be consumed in the canteen**
- **Pupils are not permitted in the canteen out of the service hours.**

The Filling Station
At New-Bridge Integrated College
25 Donard View Road
Loughbrickland
Banbridge
BT32 3LN

Check out our Website and Social Media platforms at the links below or why not scan the QR codes below.

Facebook: New-Bridge Integrated College

Instagram: @newbridgeintegrated

Twitter: @NewbridgeIC

Website: www.newbridgeintegrated.org

