



WEEKLY MENU 1



BREAKFAST

Apple & Cinnamon Overnight Oats £1.50 | Fruit £1.00 | Cereal £1.00

Croissant £1.00 | Bagel £1.00 | Pancake £0.60 | Homemade Scone £1.00

Breakfast Bap (Bacon or Sausage) £1.60

MAIN COURSE WITH 2 SIDES: £3.00

VEGGIE WITH 2 SIDES: £3.00



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Beef Bolognese Margherita Pizza	Chicken & Mushroom Pie Thyme Roasted Sausages	Turkey & Spinach Frittata Tuna Pasta Bake	Sweet & Sour Chicken Beef Burger	Chicken Stir Fry Fishfinger Sandwich
VEGGIE	Spinach & Garlic Pasta Sauce	Tomato & Bean Pot Roast	Cauliflower Cheese	Sweet & Sour Vegetables	Chickpea & Sweet Potato Curry
SIDES	Pasta Rosemary & Garlic Potato Cubes Steamed Veg	Creamy Mash Steamed Veg Mixed Leaf Salad	Lemon Potatoes Chopped Salad Mixed Veg	Noodles French Fries Steamed Veg	Rice Crushed Baby Boiled Potatoes Peas

BREAK

Croissant £1.00 | Ham/Cheese Croissant £1.60 | Pizza £1.50

Sausage Roll £1.20 | Scone £1.00 | Yoghurt £1.00 | Fruit £1.00 | Bagel £1.00

SANDWICH BAR

Soup & Roll £2.00 | Wrap £3.00 | Baguettes £3.00

Sandwiches £3.00 | Salads £3.00





WEEKLY MENU 2



BREAKFAST

Apple & Cinnamon Overnight Oats £1.50 | Fruit £1.00 | Cereal £1.00
 Croissant £1.00 | Bagel £1.00 | Pancake £0.60 | Homemade Scone £1.00
 Breakfast Bap (Bacon or Sausage) £1.60

MAIN COURSE WITH 2 SIDES: £3.00

VEGGIE WITH 2 SIDES: £3.00

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Chilli Con Carne Chilli Dog	Beef & Mushroom Filo Pie Breaded Scampi	Turkey Coulash Beef Burger	Beef Stew Baked Chicken Tenders W/ Wholegrain Breadcrumbs	Chicken Fajitas Fish Tacos with Wholewheat Tortillas
VEGGIE	Vegetarian Lentil Curry	Spicy Chickpea, Potato & Filo Tray Bake (Tomato & Red Pepper Sauce)	Baked Cnocchi Tray Bake	Butternut Squash & Feta	Veggie Fajitas
SIDES	Rice Steamed Veg Mixed Salad	Baked Sweet Potato Chips Chopped Salad	Rice Mixed Leaf Salad Garlic Bread Sticks	Creamy Mash Steamed Veg Crusty Bread	Brown Rice Shredded Lettuce & Tomato Fresh Tomato Salsa

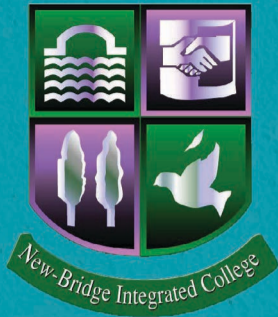
BREAK

Croissant £1.00 | Ham/Cheese Croissant £1.60 | Pizza £1.50
 Sausage Roll £1.20 | Scone £1.00 | Yoghurt £1.00 | Fruit £1.00 | Bagel £1.00

SANDWICH BAR

Soup & Roll £2.00 | Wrap £3.00 | Baguettes £3.00
 Sandwiches £3.00 | Salads £3.00





WEEKLY MENU 3



BREAKFAST

Apple & Cinnamon Overnight Oats £1.50 | Fruit £1.00 | Cereal £1.00
 Croissant £1.00 | Bagel £1.00 | Pancake £0.60 | Homemade Scone £1.00
 Breakfast Bap (Bacon or Sausage) £1.60

MAIN COURSE WITH 2 SIDES: £3.00

VEGGIE WITH 2 SIDES: £3.00



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Beef Coulash Steak Burger	Chicken Korma Pizza	Shepherd's Pie Hot Dog	Sausage, Tomato & Bean Stew Breaded Cod	Home Made Meatballs in a Tomato Sauce Asian Pork Steak
VEGGIE	Grilled Cauliflower Steak with Romesco Sauce	Tuscan Bean & Barley Stew	Coconut & Aubergine Cury	Veggie Carbonara	Tomato & Mushroom Pasta
SIDES	Creamy Mash Steamed Green Veg Chopped Veg Salad	Rice Sweet Potato Wedges Carrot Sticks W/ Blue Cheese Dip	Rice Roast Veg Chopped Salad	Rosemary & Garlic Potato Cubes Pasta Peas	Penne Pasta Noodles Steamed Mixed Veg

BREAK

Croissant £1.00 | Ham/Cheese Croissant £1.60 | Pizza £1.50
 Sausage Roll £1.20 | Scone £1.00 | Yoghurt £1.00 | Fruit £1.00 | Bagel £1.00

SANDWICH BAR

Soup & Roll £2.00 | Wrap £3.00 | Baguettes £3.00
 Sandwiches £3.00 | Salads £3.00





WEEKLY MENU 4



BREAKFAST

Apple & Cinnamon Overnight Oats £1.50 | Fruit £1.00 | Cereal £1.00
 Croissant £1.00 | Bagel £1.00 | Pancake £0.60 | Homemade Scone £1.00
 Breakfast Bap (Bacon or Sausage) £1.60

MAIN COURSE WITH 2 SIDES: £3.00

VEGGIE WITH 2 SIDES: £3.00



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Lasagne Bbq Pulled Pork Bap	Teriyaki Chicken Chicken Burger (Salad & Tomato)	Ham Mac & Cheese W/ Parmesan Beef Burger (Salad & Tomato)	Chicken, Tomato & Basil Pasta Sauce Chicken Tender Wrap	Spiced Roast Chicken Flatbread Steamed Haddock
VEGGIE	Broccoli Pesto Pasta Sauce	Shakshuka	Squash Mac & Cheese w/ Parmesan	Tomato & Basil Pasta Sauce	Chickpea & Sweet Potato Curry
SIDES	Pasta Rosemary & Garlic Potato Cubes Slaw	Rice Garlic Toasts Mixed Leaf Salad	Potato Wedges Roasted Veg Tomato & Cucumber Salad	Penne Pasta French Fries Chopped Salad	Brown Rice Shredded Veg Salad Diced Rosemary Potatoes

BREAK

Croissant £1.00 | Ham/Cheese Croissant £1.60 | Pizza £1.50
 Sausage Roll £1.20 | Scone £1.00 | Yoghurt £1.00 | Fruit £1.00 | Bagel £1.00

SANDWICH BAR

Soup & Roll £2.00 | Wrap £3.00 | Baguettes £3.00
 Sandwiches £3.00 | Salads £3.00

